

# 2023 Heron Watch – A Free Program

Six Saturdays during the Spring Nesting Season in April and May

April 15, 22, 29 and May 6, 13, 20 – From 10 AM to 1 PM



Helene Sobol

## Enjoy the Free Program in Golden Gate Park

Volunteers and interns will direct attention to the herons and chicks, explain their behavior, and answer questions.

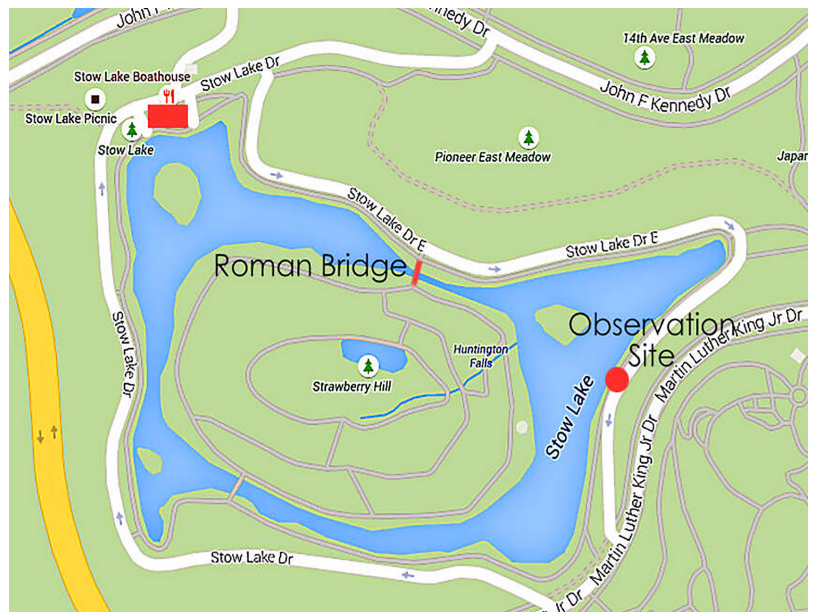
Please bring binoculars if you have them. We will set up spotting scopes. Please wear a mask and practice social distancing among our volunteers and the public.

Our observation site on the eastern edge of Stow Lake will be open from 10 AM to 1 PM. Our site will be marked by large signs. *See map below.*

***Donations welcome!***

**Great Blue Herons** began nesting at Stow Lake in 1993. To date, 270 chicks have learned to fly here. The herons court, build their nests, mate, and lay eggs between January and March. By April, the nests have chicks. The parents continue feeding them as chicks grow to about four feet tall.

In June, the chicks begin to branch-hop and take short flights. They typically start leaving the nest at twelve weeks, around July 4th.



## San Francisco Nature Education

*For more information about the program,*

*please visit **SFNature.org**, email: **info@sfnature.org**, or phone: **415-205-0776**.*

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